

## Daily Activities: Effects of Current Condition on Performance

Mild = Painful Can Do    Moderate = Painful Limited    Severe = Unable to Perform

- Bending:                     No Effect     Mild     Moderate     Severe     Resolved
- Care – Infirm Family:     No Effect     Mild     Moderate     Severe     Resolved
- Carrying Groceries:       No Effect     Mild     Moderate     Severe     Resolved
- Change Post-Sit-Stand:     No Effect     Mild     Moderate     Severe     Resolved
- Climb Stairs:              No Effect     Mild     Moderate     Severe     Resolved
- Computer Use:             No Effect     Mild     Moderate     Severe     Resolved
- Daily Pet Care:             No Effect     Mild     Moderate     Severe     Resolved
- Driving:                     No Effect     Mild     Moderate     Severe     Resolved
- Household Chores:         No Effect     Mild     Moderate     Severe     Resolved
- Lifting:                     No Effect     Mild     Moderate     Severe     Resolved
- Reading/concentration:     No Effect     Mild     Moderate     Severe     Resolved
- Self-Care:                  No Effect     Mild     Moderate     Severe     Resolved
- Sleep:                      No Effect     Mild     Moderate     Severe     Resolved
- Static Sitting:              No Effect     Mild     Moderate     Severe     Resolved
- Static Standing:           No Effect     Mild     Moderate     Severe     Resolved
- Walking:                   No Effect     Mild     Moderate     Severe     Resolved
- Yardwork:                  No Effect     Mild     Moderate     Severe     Resolved
- Recreational Activity:  
 \_\_\_\_\_     No Effect     Mild     Moderate     Severe     Resolved